

# Recreation Program Protocols & Guidelines



The virus that causes COVID-19 can be spread to others by infected persons who have few or no symptoms. Even if an infected person is only mildly ill, the people they spread it to may become seriously ill or even die, especially if that person is 65 or older with pre-existing health conditions that place them at higher risk. Because of the hidden nature of this threat, everyone should rigorously follow the practices specified in these protocols, all of which facilitate a safe and measured reopening of Texas. The virus that causes COVID-19 is still circulating in our communities, and we should continue to observe practices that protect everyone, including those who are most vulnerable.

Due to the ongoing health situation regarding COVID-19 we ask for the following protocols be followed to ensure the safety of all participants, visitors, instructors and staff. Please read over the following guidelines.

1. Parents should monitor their health and the health of their children; anyone showing symptoms of COVID-19 or may have been in contact with someone who has tested positive for COVID-19 should stay home and consult with a health care provider. If you or someone in your immediate household has tested positive for COVID-19 we ask that you do not attend class or come to the facility for at least 14 days.
2. Please do not arrive more than 10 minutes prior to the class start time.
3. Parents who wish to remain outside the facility may drop the program participant off at the front door and staff will ensure they are escorted to class.
4. Only two spectators per participant will be allowed to enter and stay in the facility/at the location for the duration of the class. Parents/guardians are highly encouraged to wear a mask and social distance. Lap children under the age of 2 are not counted as a spectator.
5. Masks are highly encouraged to be worn in the facility by anyone 2 years of age or older.
6. All instructors are required to wear a mask during class.
7. All participants are encouraged to wash their hands upon arrival to the facility and after class.
  - a. Instructors will provide hand sanitizer to participants to use before and after outdoor classes.
8. All individuals that enter the facility/attend outdoor classes should make every effort to practice social distancing measures and minimize contact with individuals not in the same households.