

June 2016

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Recurring Events</p> <p>Daily: 8:00am Coffee Hour</p> <p>Weekly: Monday 9:15am AFEP exercise 10:00am Line Dance 10:00am Walk Strong 10:45am Chair Volleyball 12:30pm Texas Hold'em</p> <p>Tuesday 9:30am Crochet & Knitting 12:00pm Yoga With a Chair 1:45pm Front Porch Pickers 6:00pm Game Night 6-10pm</p> <p>Wednesday 9:00am Computer Club 9:15am AFEP exercise 10:00am Walk Strong 10:00am Sewing/Quilting Group 10:45am Chair Volleyball 10:45am Texas Twisters 12:00pm 42 with dominos</p> <p>Thursday 1:00pm Line Dance</p> <p>Friday 9:15am AFEP exercise 10:00am Walk Strong 10:45am Chair Volleyball</p> <p>Monthly: Covered Dish Dinner 6:30pm - 2nd Friday</p> <p>Memories in the Making 11:30am - 3rd Friday</p> <p>Covered Dish Birthday/ New Member Lunch 12:00pm – Last Friday of month</p> <p>Hours of Operation Monday 8:00am - 3:00pm Tuesday 8:00am – 3:00pm 6:00pm – 10:00pm Wed 8:00am – 3:00pm Thursday 8:00am – 3:00pm Friday 8:00am – 3:00pm Saturday 10:00am – 2:00pm</p>	<p>Color It!</p> <p>A variety of pencils, pens and color books are available at the front desk. Stop by any time.</p>	<p>Benefits Counseling</p> <p>North Texas Area Agency on Aging Tuesday, June 21 Appointments 10:00 – 12:00 Sign-up required</p>	<p>1</p> <p>Mah Jongg 9 -11am AFEP exercise 9:15 -10:00 Walk Strong Exercise 10:00 Quilting Group 10:00am Chair Volleyball 10:45am Bridge 12:00 pm – 3:00pm Tai Chi Beginner 12:30pm Tai Chi Intermediate 1 – 1:45</p>	<p>2</p> <p>Bunco 10:00am</p> <p>42 with dominos 12 -3pm Matter of Balance 12:30pm - 2:30pm Line Dance 1 – 2:30pm</p>	<p>3</p> <p>AFEP Exercise:9:15 -10:00 Walk Strong Exercise 10:00 Chair Volleyball 10:45am</p> <p>Bingo card sales at 6:00pm, first game 6:30pm</p>	<p>4</p> <p>Game Day 10:00am – 2:00pm</p> <p>Sewing Group 10:00am – 2:00pm</p>
	<p>6</p> <p>AFEP exercise 9:15 -10:00 Walk Strong Exercise 10:00 Line Dance 10 –11:30am Chair Volleyball 10:45am Texas Hold'em 12:30pm Tai Chi Beginner 12:30pm Tai Chi Intermediate 1 - 1:45p</p>	<p>7</p> <p>Crochet & Knit 9:30am Coin/Stamp Collectors 12:00</p> <p>Yoga With A Chair 12:00pm Front Porch Pickers 1:30pm IHOP 4:30pm Game Night 6:00 – 10:00pm</p>	<p>8</p> <p>Mah Jongg 9 -11am AFEP exercise 9:15 -10:00 Walk Strong Exercise 10:00 Quilting Group 10:00am Chair Volleyball 10:45am Bridge 12:00 pm – 3:00pm Tai Chi Beginner 12:30pm Tai Chi Intermediate 1 – 1:45</p>	<p>9</p> <p>Bingo card sales at 9:30am First game at 10:00am</p> <p>Matter of Balance 12:30pm - 2:30pm 42 with dominos 12 -3pm Line Dance 1 – 2:30pm</p> <p>Dinner Out Abuelo's 5:30pm</p>	<p>10</p> <p>AFEP exercise 9:15 -10:00</p> <p>Walk Strong Exercise 10:00 Chair Volleyball 10:45am</p> <p>Covered Dish Dinner 6:30pm</p>	<p>11</p> <p>Game Day 10:00am – 2:00pm</p> <p>Sewing Group 10:00am – 2:00pm</p>
	<p>13</p> <p>AFEP exercise 9:15 -10:00 Walk Strong Exercise 10:00 Line Dance 10 –11:30am Chair Volleyball 10:45am Texas Hold'em 12:30pm Tai Chi Beginner 12:30pm Tai Chi Intermediate 1 - 1:45p</p>	<p>14</p> <p>Crochet & Knit 9:30am</p> <p>Coin/Stamp Collectors 12:00 Yoga With A Chair 12:00pm Front Porch Pickers 1:30pm Chicken Express 4:30pm Game Night 6:00 – 10:00pm</p>	<p>15</p> <p>Mah Jongg 9 -11 AFEP exercise 9:15 -10:00 Walk Strong Exercise 10:00 Quilting Group 10:00am Chair Volleyball 10:45am Bridge 12:00 pm – 3:00pm Tai Chi Beginner 12:30pm Tai Chi Intermediate 1 – 1:45 Colony Cut-Ups 7:00pm</p>	<p>16</p> <p>Bunco 10:00am 42 with dominos 12 -3pm Matter of Balance 12:30pm - 2:30pm Line Dance 1 – 2:30pm</p> <p>Dinner Out Abuelo's 5:30pm</p>	<p>17</p> <p>AFEP Exercise:9:15 -10:00 Walk Strong Exercise 10:00 Chair Volleyball 10:45am Memories in the Making & Memory Care Support Group 11:30am – 12:30pm</p> <p>Bingo card sales at 6:00pm, first game 6:30pm</p>	<p>18</p> <p>Game Day 10:00am – 2:00pm</p> <p>Sewing Group 10:00am – 2:00pm</p>
	<p>20</p> <p>AFEP exercise 9:15 -10:00 Walk Strong Exercise 10:00 Line Dance 10 –11:30am Chair Volleyball 10:45am Texas Hold'em 12:30pm Tai Chi Beginner 12:30pm Tai Chi Intermediate 1 - 1:45p</p>	<p>21</p> <p>Crochet & Knit 9:30am Benefits Counseling 10:00</p> <p>Coin/Stamp Collectors 12:00 Yoga With A Chair 12:00pm Front Porch Pickers 1:30pm Chili's 4:30pm</p>	<p>22</p> <p>Mah Jongg 9 -11 AFEP exercise 9:15 -10:00 Walk Strong Exercise 10:00 Quilting Group 10:00am Chair Volleyball 10:45am</p> <p>Bridge 12:00 pm – 3:00pm Tai Chi Beginner 12:30pm Tai Chi Intermediate 1 – 1:45</p>	<p>23</p> <p>Bingo card sales at 9:30am First game at 10:00am Matter of Balance 12:30pm - 2:30pm 42 with dominos 12 -3pm Line Dance 1 – 2:30pm</p>	<p>24</p> <p>AFEP Exercise:9:15 -10:00 Walk Strong Exercise 10:00 Chair Volleyball 10:45am Birthday Cover Dish 12:00p</p>	<p>25</p> <p>Game Day 10:00am – 2:00pm</p> <p>Sewing Group 10:00am – 2:00pm</p>
	<p>27</p> <p>SCOTC Board Mtg. 9:00am AFEP exercise 9:15 -10:00 Walk Strong Exercise 10:00 Line Dance 10 –11:30am Chair Volleyball 10:45am</p> <p>Texas Hold'em 12:30pm Tai Chi Beginner 12:30pm Tai Chi Intermediate 1 - 1:45p</p>	<p>28</p> <p>Crochet & Knit 9:30am</p> <p>Coin/Stamp Collectors 12:00 Yoga With A Chair 12:00pm Front Porch Pickers 1:30pm Amore 4:30pm Game Night 6:00 – 10:00pm</p>	<p>29</p> <p>Mah Jongg 9 -11 AFEP exercise 9:15 -10:00 Walk Strong Exercise 10:00 Quilting Group 10:00am Chair Volleyball 10:45am Bridge 12:00 pm – 3:00pm Tai Chi Beginner 12:30pm Tai Chi Intermediate 1 – 1:45</p>	<p>30</p> <p>Bunco 10:00am</p> <p>Matter of Balance 12:30pm - 2:30pm 42 with dominos 12 -3pm Line Dance 1 – 2:30pm</p>	<p>Garland Summer Musicals <i>Presents</i> Fiddler on the Roof Sunday, June 26</p> <p>1:45pm - 6:30pm \$32 Ticket and Transportation</p>	<p>Chair Volleyball Mon, Wed & Fri. 10:45am – 11:45am</p> <p>This beach ball version of the game is something anyone can play. Join the fun!</p>

Call SPAN at 972-624-2247 at least 24 hours in advance for daily lunches at The Colony Community Center or for meals delivered to homebound seniors.