

September 2010

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Recurring Events</p> <p>Daily: 7:30am Senior Striders walking at the Rec Center 8:00am Coffee Hour 9:00am Pinochle</p> <p>Weekly: Monday 9:00am Rummikub 10:00am Line Dance 1:00pm Texas Hold'em</p> <p>Tuesday 9:00am 42 – Dominos 9:00am Computer Club 9:30am Game Day 9:30am Crochet & Knitting</p> <p>Wednesday 10:00am Sewing/Quilting Group</p> <p>Thursday 1:00pm Line Dance</p> <p>Friday 9:00am Rummikub 9:00am Euchre</p> <p>Monthly: AARP 12:30pm – Chapter 4280 2nd Tue</p> <p>General Membership Meeting 1:00pm - 1st Tuesday</p> <p>Covered Dish Dinner 6:30pm - 2nd Friday</p> <p>Covered Dish Birthday Lunch 12:00pm – Last Friday</p> <p>Hours of Operation Monday 8:00am - 3:00pm Tuesday 8:00am – 3:00pm 6:00pm – 10:00pm Wed 8:00am – 3:00pm Thursday 8:00am – 3:00pm Friday 8:00am – 3:00pm Saturday 10:00am – 2:00pm</p>	<div style="border: 2px solid black; padding: 5px;"> <p>Movie Day - Free First and Third Thursdays 10:00am</p> <p>Check with Front Desk for titles.</p> </div>	<div style="border: 2px solid black; padding: 5px;"> <p>Benefits Counseling Second Tuesday of each month. Benefits counselors will come to the Community Center each month. Learn what benefits you are entitled to. Times: 2:00, 2:20 and 3:00pm. More information at front desk. Sign up for appt.</p> </div>	<p>1 MOB exercise 9:30-10 am</p> <p>Quilting Group 10:00am Ma Jong Lessons 9 -11am</p> <p>Hand & Foot 12:00-3:00pm</p> <p>Hawaii Cruise Meeting 12:30pm</p>	<p>2 The Colony Crafters 10:00</p> <p>Movie Day 10:00am</p> <p>Home Instead Facebook Class Computer Room 10:00-11:00</p> <p>Yoga 6:30 – 7:30pm</p>	<p>3 Euchre 9:00am</p> <p>Rummikub 9:00am</p> <p>MOB exercise 9:30-10 am</p> <p>Bingo card sales at 6:15pm, First game 6:30pm</p>	<p>4</p> <p style="text-align: center;">Game Day 10:00am – 2:00pm</p>
	<p>6</p> <p style="text-align: center;">Community Center</p> <p style="text-align: center;">CLOSED</p> <p style="text-align: center;">Labor Day</p>	<p>7</p> <p>Computer Club 9:00am 42 with Dominos 9:00am Hand & Foot 9:00am BP & G Testing 10:00am Crochet & Knit 9:30am Senior Meeting 1:00pm Travel Meeting 2:00pm</p> <p>IHOP 4:30pm</p>	<p>8</p> <p>MOB exercise 9:30-10 am</p> <p>Ma Jong Lessons 9 -11am</p> <p>Quilting Group 10:00am</p> <p>Hand & Foot 12:00-3:00pm</p>	<p>9</p> <p>Bingo card sales at 9:45am First game at 10:00am</p> <p>Yoga 6:30 – 7:30pm</p>	<p>10</p> <p>Euchre 9:00am</p> <p>Rummikub 9:00am</p> <p>Cover Dish Dinner 6:30pm</p> <p>MOB exercise 9:30-10 am</p>	<p>11</p> <p style="text-align: center;">Game Day 10:00am – 2:00pm</p>
	<p>13</p> <p>Rummikub 9:00</p> <p>MOB exercise 9:30-10 am</p> <p>Texas Hold 'em Advanced 1:00 – 3:00pm Yoga 6:30 – 7:30pm</p>	<p>14</p> <p>Computer Club 9:00am Hand & Foot 9:00am 42 with Dominos 9:00am Crochet & Knit 9:30am AARP Chapter Meeting 12:30 Lunch & Learn</p> <p>El Fogon 4:30pm Game Night 6:00pm</p>	<p>15</p> <p>MOB exercise 9:30-10 am Quilting Group 10:00am Quilt Show – ALL DAY Hand & Foot 12:00-3:00pm Ma Jong Lessons 9 -11am Choctaw Casino 8:00- 6:00 \$3.00. Sign up required by Noon September 8 Colony Cut-Ups 7:00 pm</p>	<p>16</p> <p>The Colony Crafters 10:00 Movie Day 10:00am</p> <p>Dinner Out Spring Creek Bar-B Q - Lewisville 5:30pm</p> <p>Yoga 6:30 – 7:30pm</p>	<p>17</p> <p>Euchre 9:00am</p> <p>Rummikub 9:00am</p> <p>MOB exercise 9:30-10 am</p> <p>Bingo card sales at 6:15pm, First game 6:30pm</p>	<p>18</p> <p style="text-align: center;">Game Day 10:00am – 2:00pm</p>
	<p>20</p> <p>Rummikub 9:00 MOB exercise 9:30-10 am</p> <p>Texas Hold 'em Advanced 1:00 – 3:00pm</p> <p>Yoga 6:30 – 7:30pm</p>	<p>21</p> <p>Computer Club 9:00am 42 with Dominos 9:00am Hand & Foot 9:00am</p> <p>Crochet & Knit 9:30am Painting Group 1:00pm</p> <p>Texas Road House Game Night 6:00pm</p>	<p>22</p> <p>Quilting Group 10:00am</p> <p>Ma Jong Lessons 9 -11am</p> <p>MOB exercise 9:30-10 am</p> <p>Lunch Out</p> <p>Hand & Foot 12:00-3:00pm</p>	<p>23</p> <p>Bingo card sales at 9:45am First game at 10:00am</p> <p>Lunch & Learn 12:00 By: Erin Smith – Integra Hospital Plano Yoga 6:30 – 7:30pm</p>	<p>24</p> <p>Euchre 9:00am</p> <p>Rummikub 9:00am</p> <p>MOB exercise 9:30-10 am</p> <p>Birthday Cover Dish 12:00</p>	<p>25</p> <p style="text-align: center;">Game Day 10:00am – 2:00pm</p>
<p>27</p> <p>Rummikub 9:00 MOB exercise 9:30-10 am</p> <p>Texas Hold 'em Tournament Advanced 12:15, snacks 12:30 – 3:00pm, play Yoga 6:30 – 7:30pm</p>	<p>28</p> <p>Computer Club 9:00am 42 with Dominos 9:00am Hand & Foot 9:00am Flu Shots 9:00am Crochet & Knit 9:30am Painting Group 1:00pm</p> <p>MI Casa 4:30pm Game Night 6:00pm</p>	<p>29</p> <p>Quilting Group 10:00am</p> <p>Ma Jong Lessons 9 -11am MOB exercise 9:30-10 am</p> <p>AARP Driver Safety Program 12:30 – 4:30pm Hand & Foot 12:00-3:00pm</p>	<p>30</p> <p>The Colony Crafters 10:00</p> <p>Yoga 6:30 – 7:30pm</p>	<div style="border: 2px solid black; padding: 5px;"> <p>Lunch and Learn Sponsored by our AARP local chapter on the 2nd Tuesday of every month. Enjoy a light lunch and hear an interesting speaker on a topic related to seniors and aging well.</p> </div>	<div style="border: 2px solid black; padding: 5px;"> <p>Learn a game that's so old it's new Ma Jong Is fun and easy - Lessons every Wednesday from 9:00am to 11:00am</p> </div>	

Call SPAN at 972-624-2247 at least 24 hours in advance for daily lunches at The Colony Community Center or for meals delivered to home bound seniors.