

The Colony Aquatic Park



2014 VOLUNTEER APPLICATION (Assistant Swim Instructor Program)

Thanks for your interest in our summer program. This is a great activity for kids, ages 12 and older. You will make new friends, learn fantastic skills, and be part of a team. We want to know about your availability, please fill out this form and return it to the Aquatic Park or Rec Center soon!

Please turn in this form before May 3.

Mandatory One Day Orientation For NEW Volunteers

Pick **One Date** April 12 9-10am or May 03 9:30-10:30am Swim Suit/Towel

Name _____ Age _____

Address _____ City _____

Phone Number _____ Parents E-Mail _____

What level of swim lessons did you complete? _____

Emergency Number _____

**Each Volunteer must have a current Rec Trac Family Registration Form on file.*

Parents' Names _____

It is **important** that you can work the **entire** eight days of the session that you sign up for. Please **sign here** stating that you understand this _____

Circle the sessions you can volunteer and indicate AM Morning or PM for Evening
Please add these dates to your family calendar.

AM 10 - 12:45 or PM 6 - 8:45.

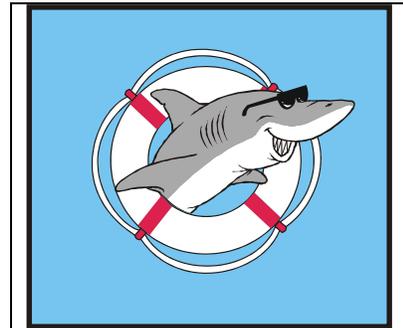
Session 1 June 9 through June 19
Session 2 June 23 through July 3

Session 3 July 7 through July 17
Session 4 July 21 through July 31
Session 5 August 4 through August 14

What is the Volunteen Program?

Our program is open to all youth (ages 12-14) who are able to pass the swim skills in the American Red Cross Level 4.

We ask for at least a three-week (one-session) commitment, with dedication to a specific time period each day. A “contract” is established between the coordinator and Volunteen so that everyone understands the nature of the relationship.



Volunteens play an important roll bridging the gap between students and instructors.

Activities a Volunteen may provide include:

- Clerical duties (taking roll, marking skill sheets)
- Area preparation (equipment set-up, skimming pool)
- Leading stretches (before class)
- Helping with songs & games
- Safety guidance (leading kids from one deck site to another)
- Demonstrating strokes & diving
- Assisting with swim skills (supporting and guiding students)
- Supporting the instructor's control of class
- A role in facility's Emergency Action Plan
- Assisting with safety in the water (extra "eyes" on the swimmers)
- Clean-up (storing equipment after class)

Volunteens learn detailed swim, instructional, clerical, safety, and supervisory skills through a combination of the American Red Cross Water Safety Aide Course and our own Aquatic Park Volunteen Training Program. Each student will learn about the different levels of the ARC Learn to Swim program.



As a vital part of our facility's Emergency Action Plan, Volunteens practice drills alongside the Lifeguard staff. Although they are not allowed to make “contact” rescues, Volunteens will learn basic equipment rescues, spinal boarding, crowd control and directions for contacting EMS.

Your Benefits

The participants will:

Learn various skills taught in the ARC Learn to Swim Program.

Learn how to properly supervise children before, during and after class.

Learn availability of equipment, the proper use, storage and handling

Learn different instructional methods used to teach swimming.

Accumulate community service hours for National Honor Society.

Gain leadership skills by helping and teaching.

Be rewarded for their participation with special Public Swim status.

Learn about careers in the field of aquatics.

Learn how to prepare the site for class.

Learn time management skills.

Learn how to handle certain emergency situations.

Improve and maintain their fitness level.

Improve and maintain their skills level.

Learn different Spanish phrases used in swimming

Learn new water games

Teach water games to classes

Make new friends, have fun, and be part of a team!



Our Facility's Nine Program Goals

1. Recruit and train fifty (50) kids for program.
2. Keep training ongoing throughout summer.
3. Retain 50 % of Volunteers from past year.
4. Involve each swim instructor in training and orientation sessions.
5. Involve the facility lifeguards during training.
6. Assign each instructor four (4) Volunteers to help with every class.
7. Maintain Volunteers' fitness and skill levels.
8. Maintain accurate account of Volunteer hours.
9. Encourage advancement to Lifeguard & Instructor (at age 16)



Family Registration Form

It is mandatory that this form be filled out completely before participation in any PARD activity.

(PLEASE PRINT NEATLY)

Family's Last Name: _____ Home Phone: _____

Street Address: _____ City: _____ Zip: _____

Parent Name: _____ M / F DOB: ____ / ____ / ____

Parent Work/Cell Phone: _____

Spouse: _____ M / F DOB: ____ / ____ / ____

Spouse Work/Cell Phone: _____

Email Address for family correspondence: _____

Child: _____ M / F DOB: ____ / ____ / ____

Child: _____ M / F DOB: ____ / ____ / ____

Child: _____ M / F DOB: ____ / ____ / ____

Child: _____ M / F DOB: ____ / ____ / ____

Child: _____ M / F DOB: ____ / ____ / ____

For Office Use Only RecTrac Household #: <input type="text"/> Entered By: Date: / /
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Release: The undersigned "Participant(s)", individually and as next friend for my/our minor child/children (if applicable), desires to participate in activities of the City of The Colony, Texas (the "City"), relating to the City's Parks and Recreation Department, and have made application to participate in such activities. For and in consideration of that participation, I/We do hereby release, acquit and forever discharge the City, its officers, agents and employees from and against any and all liability, claims, actions, causes of action, lawsuits, cost, fees or expenses relating to or arising out of any and all injuries or damage which may result or arise from or out of my/our participation in such activities. I/We hereby assume the responsibility for any and all risk of participating in such activities. Also, I hereby consent to use of photos or videos of my participation in Parks and Recreation Dept. activities to be used for promotional purposes.

The terms of this Release are contractual and not merely recitals. I/We further state that I/We have read this Release, know and understand its contents, and sign the same as my own free act and deed.

Parent Signature: _____ Date: ____ / ____ / ____

Spouse Signature: _____ Date: ____ / ____ / ____