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PRESS RELEASE

Swine Flu Cancellations: The Colony Parks and Recreation Department

The Colony, April 29, 2009

The City of The Colony Parks and Recreation Department (PARD) wants to ensure citizens that we are taking numerous precautions in response to the recent Swine Flu outbreak. PARD wants to encourage everyone to take steps to guard themselves against this virus.

After receiving notification that LISD has cancelled all extracurricular activities until May 6th, a decision was made jointly between The Colony Parks and Recreation Department and all local youth sports associations, in conjunction with public health officials, to cancel all youth league games at City of The Colony athletic facilities through 5/6/09. This includes games for TCYSA, TCYFA, TCSA, TCLL, and Youth Volleyball. Sports practices for all athletic teams are optional and left at the discretion of the coach and team parents. This decision was made to mirror LISD's efforts to minimize the risk of exposure to the virus by limiting group and community activities.

The "Saturday Nite Out" program for 5/2/09 has also been cancelled due to the large number of children who attend. Any further cancellations will be announced as the situation evolves, and further evaluation of league schedules will be made on 5/6/09.

Symptoms of the Swine Flu are similar to those of regular or seasonal flu and include fever, fatigue, lack of appetite and coughing. Some with Swine Flu also have reported runny nose, sore throat, nausea, vomiting and diarrhea. Center for Disease Control Emergency Management and Health Officials say that everyone should follow standard precautions to reduce the spread of any respiratory illness. Stay home when you are sick to avoid spreading illness to others; cough or sneeze into the crook of your elbow or a tissue and properly dispose of used tissues; wash hands frequently and thoroughly with soap and water or use an alcohol-based hand sanitizer.

In the event that you or someone in your family should have any of the above symptoms, it is recommended that you seek immediate medical attention. In addition to seeking medical attention, it is highly recommended that you stay at home. **After consultation with your medical provider we request that you notify The Colony Parks and Recreation Department if you have participated in any of our activities within the last month and are considered a potential carrier of this virus.**

For more information about any schedule changes or cancellations please contact The Colony Parks and Recreation department at (972)625-1106. Further information on Swine Flu can be obtained by visiting the Center of Disease Control website at www.cdc.gov/swineflu.